



# TE KUKUPA





### Nga manaakitanga o te Atua ki runga i a tatou

"Ehara takitahi, engari he toa takitini." "My strength is not that of an individual, but that of a multitude."



the wellwishers, friends, colleagues and family h visited, called and sent flowers and other gifts me while I

was in hospital – thank you. Although I am thankful for the professional care given me in hospital, I feel so very glad and grateful to be home because this is where I am happiest.

Every new day is an adventure with new challenges and opportunities ahead of me. I am improving every day in every way with the loving help of my husband and our whanau. I also enjoy the stimulation of your ongoing visits and calls and I have felt the power of your prayers and kind thoughts.

Thank Ma te Atua koutou e tiaki, e manaaki, e arahi, i nga wa katoa.

Gloria Herbert

From the Chairperson

#### Nga Mihi:

E nga whanau, nga hapu, nga marae, nga papakainga o Te Rarawa, tena koutou, tena koutou, tena koutou. Nga tina mate e hinga mai ra i nga marae maha o te motu. Haere hoki ki te kainga tuturu i hangai mo tenei ahua o te tangata, ara i te mate, noreira haere, haere, haere. Ratou ki a ratou, tatou nga kanohi ora kia tatou, tena koutou, tena koutou, tena tatou katoa. Ka huri tenei wa ki nga take o te panui nei, ara ko te Purongo mo te marama o Hune.

#### Purongo mo te Tumuaki:

Like most reports, there is the good news and there is the not so good news. Yes! You've got it, there is no real bad news, everything is according to one's perspective.

The not so good news is that our chairperson, Gloria Herbert, suffered a stroke on Easter Weekend. However the good news is that Gloria is well on the way to recovery and has returned from Whangarei hospital to convalesce at home in Pawarenga.

#### LABEL

As a consequence of Gloria's unfortunate illness, I, as Deputy Chairperson, have taken up the role of Interim Chairperson. 2006 is the year for the Triennial (3 yearly) Election of Chairperson for Te Runanga O Te Rarawa. Gloria had planned to step down from the Chair and take up a lesser role and involvement in the function of Iwi and Runanga politics. This will allow her more time to enjoy her mokopuna.

As Chairperson Gloria has taken and led the Runanga into a new phase of its development. Te Runanga O Te Rarawa have become a leading and creditable Iwi Service Provider Organisation involving several contracts with various Government Agencies.

Gloria has provided leadership and direction to the Negotiators over the past four years, in their negotiations through Te Rarawa Historical Treaty Claims with the Office of Treaty Settlements (OTS).

She has facilitated and manoeuvred the debate over the past three years towards the establishment of a new constitution that is balanced towards meeting the criteria of Te Ohu Kai Moana, (TŎKM) and maintaining the multifaceted requirements of an Iwi Mandated Body.

On the 22nd of May 2006 Gloria turn seventy and together with her family quietly celebrate her 70th birthday.

#### Nga Mahi Kaupapa-a-ture: (constitution)

The intricacies involved in getting the constitution towards an acceptable point by both TOKM and the Runanga Delegates have been both tantalising and frustrated throughout the whole process, and to be up front a costly task.

However it was not only needed, but is one of the most important exercises that the Runanga has undertaken for some time. The final draft is currently with TOKM for their final approval and hopefully will be ratified at the Runanga AGM, which will be held on the 19th of July 2006 at the Runanga Office.

(continued on page 3)

We are constantly updating our database records - if you are not the intended recipient of this newsletter, either return it and we will remove your name from the database or contact us and we will amend your details accordingly.

- Te Runanga O Te Rarawa
- P.O. Box 361, KAITAIA 0500
- Telephone (09) 408 1971
- Fax (09) 408 1998
- Email: admin@terarawa.co.nz

Are you and your whanau on the Te Rarawa lwi Register? Download a form from www.terarawa.co.nz or phone us and we will send one out to you. All marae (through their delegates) have been given a pack of 100 forms. This is one way to stay in the play with lwi developments, no matter where you live. Freephone Victoria on 0508 4TERARAWA for more info.

Te Runanga o Te Rarawa P.O. Box 361, Kaitaia Phone: (09) 408 1971 Fax: (09) 408 1998 Email: editor@terarawa.co.nz Website: www.terarawa.co.nz Editor: Fred Alvrez Phone 09 408 0141 - fax 09 408 0654 Please share this panul with your whanau. Koha & contributions welcome.

This is a free panui from

#### **2006 Treaty Commemorations**

On Friday the 28th of April on a stunning Far North autumn must have taken for the 400 to travel to Kaitaia for this occasion day, approximately 200 people gathered to commemorate the 166th anniversary of the Signing of Te Tiriti o Waitangi in Kaitaia. Reverend Graeme Baucke opened the morning's proceedings with a prayer and talk about the past and what it might have been like for the 400 or so who had gathered on the very same spot all those years before. Mihi (speeches) by Mr George (Buddy) Nathan and Dr Bruce

reconfirmed importance the Treaty then. as it is now. and

Classes from Kaitaia Intermediate, Pukemiro and Kaitaia Primary Schools were attendance performed several Kapa Haka for the gathering. students participated in a Treaty Knowledge Hunt, and were rewarded with sponsored prizes from **Everyday Communities** (Hugs not Thugs) and Te Mana 'Team up' for their efforts.

Event coordinator Jaqi Brown spoke about the tremendous effort that it

from all over the Far North. She asked the children to think about how they would have heard about the Treaty signing in the past with no phones, roads or mail, yet people had travelled from Te Hapua, Whangape, Taipa, Mangamuka to be there.

She also spoke about the possibility of a memorial plinth stone being placed on the site with bronze plaque depicting





a scene and wording to acknowledge this important day in Far North history. She also invited anyone wanted to be a part of this working group to contact her at Te Oranga on 408 0141.

Te Oranga staff were on hand to provide refreshments to the participants, as well as supplying information about the Treaty signing.

#### Wharangi tua toru

Completion of our Constitution will define a new structure that the Runanga will implement, which will be more effective in guiding and directing the Delegates towards managing the affairs of Te Rarawa. This will include the settlement of Te Rarawa Fish Assests and cash payout from TOKM.

Nga Mahi Whakataunga Tapatapa Tiriti: (Treaty Claims) In regards to the progress of Te Rarawa Treaty Claims, the Negotiators are now in the final phases of our Treaty Claims.

The current focus of our negotiations for the claims is on the Whenua Ngahere Initiative involving the DoC lands within the rohe o Te Rarawa, which the OTS will give us a definitive decision on the initiative on the 22nd of this month.

The response from OTS will determine the direction we will take forth-with. We have also began closer working relationships with Del Wihongi with the WAI 262, Flora and Fauna Claim.

Tapatanga Tunga mo te Tumuaki:

One other item for June is the nominations for the position of Chairperson. It was announced at the Runanga monthly meeting, 18. 05.06 held at Ngati Manawa Marae, that nominations for the Chairperson will be called for in June and will close before the date of the AGM where the nominees will be announced. The process and date of the elections will also be determined at the AGM.

A new date for TROTR AGM and Ratification of the Constitution was discussed and it was agreed upon, that the new date would be 19th July 2006 and that the closing date for nominations for the Chairperson will be a week prior to the AGM. ie. 12/07/06.

Nominations can be made by any adult Te Rarawa member registered with Te Runanga O Te Rarawa, which must be endorsed by any of the Hapu Marae affiliated to Te Rarawa and reach the Runanga Office prior to the AGM.

The next edition of Te Kukupa will cover the AGM and the intensive plan for Te Rarawa Whanau/Hapu Development. See you at the AGM and in the meantime keep safe and keep well.

Heoi ano mo tenei wa.

Malcolm M Peri Interim Chairperson

### The Far North Primary Schools Lip Sync & Dance Crew Search

#### WANTED

PHAT AZZ LIP SYNCH KREWS
PHAT AZZ HIP HOP DANCE KREWS
PHAT AZZ LIP SYNCH KREWS
PHAT AZZ HIP HOP DANCE KREWS

- items must be at least 90 seconds and full of phat
- all krews must audition, to earn a position
- all mean krews perform their tricks live on stage at the Ultimate Rage 06

Auditions Close June 21st
call up Boycie - wen yor ready - to represent,
wit yor posse (408 0141)
a PR.I.D.E production,
proudly supported by Te Oranga

#### I Tenei Panui...

Page 2	» 2006 Treaty Commemorations
Page 4	» Urban Beat Hip Hop Workshops
Page 5	» Operation Rippa Rugby
Page 6	» Pukepoto Kaumatua & Kuia Development
Page 8	» Conservation & Community Development
Page 9	» Ultimate Rage 06
Page 10	» Hokianga Pouwhenua unveiling
Page 11	» My Life 4 Lyfe Programme
Page 12	» PAFT & Early Childhood panui
Page 13	» Multi-Cultural Festival - Kaitaia
Page 14	» Nappy Seminar » Te Hiku o Te Ika Festival - 2007

#### Dates to Diary...

#### <u>June</u>

8 Nappy Seminar (p14)

14 Multi-Cultural Festival (p13)

#### <u>July</u>

1 Ultimate Rage (p9)

19 Runanga AGM (p1)

I would like to pass on the achievement of our Daughter-Stephanie Greaves who graduated in December 2005 with her Bachelor of Medical Science degree[DNA] from Victoria University Wellington.

She achieved A+s in her all subjects during her studies for this degree.

She has now commenced her honours[2006] and plans to do her Doctorate following her honors gaduation.

I believe she is considering applying for a scholarship through Te Rarawa.

Our Whanau is registered on the Te Rarawa Register. We are proud of our daughter's excellent Academic Record and her committment to studies over the past three years and her vision to do Honours and Doctorate degrees in the coming years.

Noho ora mai (This information is given by Wiremu Greaves, Brisbane Australia)



Stephanie is pictured second from left

#### **'URBAN BEAT'** Hip Hop Dance Workshops

#### Hip Hops Hottest Property Breaks it Down in K-Town

She may not have a huge following amongst the older generation, but in hip hop dance circles Tui Manuel is hot property. In fact they don't come any hotter than this.

\$20 per person which represented a bargain given that a 1 hour dance lesson in Auckland will generally cost \$10 per person. The reduced registration fees would not have been possible without the support of major sponsor Te Oranga whose various contributions had allowed the workshop fees to be reduced to a level most wouldn't have too much trouble affording.

She is the country's No. 1 Hip Hop dance choreographer, her self-founded company (Urban Beat) is one of the most loved, respected and sort-after Hip Hop dance companies for both choreography and dancers in New Zealand; she has choreographed and danced for a host of celebrities including K-Lee, Iamelia, Hamo, Missy Elliot, Busta Rhymes and the Black Eyed Peas; she features frequently alongside her Urban Beat dancers on Top Of The Pops, Juice TV, C4 and Maori TV, and on top of all that



Tui is also a Hip Hop dance choreographer for the hit TV3 show 'So You Think You Can Dance'.

Tui, with some of her Urban Beat dance tutors, were in Kaitaia during the recent school holidays to deliver a 3-day Hip Hop dance workshops at Kaitaia Intermediate School, and 70 Hip Hop dance fanatics

ranging from 5 years to 50 years of age from all corners of Te Hiku O Te Ika seized the moment and relished the opportunity to participate in this exclusive event. The cost to attend the three, 5-hours per day workshops was only

The classes designed for all age and skill levels; each routine taught broken down with no music then danced through with music. Most routines featured a degree of repetition to make it easier for all to keep up, and all routines taught were true R&B/ Hip Hop as opposed to funky jazz ballet.

The classes provided a relaxed and fun atmosphere and presented opportunities for people can get fit as well as

learn the hottest dance moves around from the hottest Hip Hop choreographer and dancers on the market.

The workshops provided an awesome opportunity for young fans to learn from the best and polish up their skills for the Far North Invitational primary and secondary schools Hip Hop dance competitions scheduled for Term 3.

More Hip Hop dance workshops will be scheduled for the next school Holidays - any enquiries regarding these Hip Hop dance workshops to Boycie 09 408 0141.



Shouts to the Massive; Te Oranga, Cecily Mantel, Tania Tawhara, Sheridan Waitai, Whakawhiti Ora Pai, Paulette Lewis, Paula Norman, Brendan Martin, Te Hiku Media, Tai FM, Kaitaia Intermediate School, Kelvin Davis, Alan Greves, Admin Team @ Te Oranga - Viv, Sari and Rachel.

#### **Operation Rippa Rugby**

Approximately 300 students from 10 schools throughout Te Hiku O Te Ika converged upon Arnold Rae Park on Thursday 18th May for the annual Far North Primary Schools Rippa Rugby tournament.

The tournament has been running for 16 years and is growing stronger year by year as more schools express their interest in participating.

The tournament was established in 1990 by John Windlebourne (Paparore Primary School); it was developed with the aim of participation and fairplay rather than competition.

The referee expertise is provided by an enthusiastic group of year 9 and 10 Kaitaia College

students who are all graduates from tournaments in their primary and intermediate years. "They are fantastic, they know how the day runs, they know the system, they have been involved in the tournament as participants in the past and are all keen to give something back," states John.

"This year we decided to cross over from new image rugby to rippa rugby which was awesome; there were no hassles or problems to both referees and players and I was very impressed with the athletic skills on display."



John was very happy with the day's proceedings and acknowledges key supporters Te Oranga, Sport Northland, Northland Rugby Union, Mangonui Rugby Union, Kaitaia College Year 9 and 10 Referee Squad, Vaniva Lewis and Pirates Rugby Club whose various and valued contributions went toward ensuring the day was a great success.

I was very impressed with the athletic skills on display."

The Xklusiv.

Rain could not and did not deter play on the day....

#### TE RARAWA HOUSING

#### Pukepoto Kaumatua and Kuia Development

May 22nd was the official opening of the Pukepoto Kaumatua and Kuia Development here in Kaitaia. This was attended by various dignitaries from HNZC, Te Puni Kokiri and MSD, Te Uri O Hau, Te Runanga O Whaingaroa, Te Oranga and Te Runanga O Te Rarawa and our local Member of Parliament your Honourable Hone Harawira. The new tenants were also invited to the opening, trying to catch a glimpse of their home.

TheopeningwasblessedbyourTeRarawaKaumatuaPuniMakene raua ko Oswald Peri and followed by words of congratulations from former Chairperson John Campbell and Te Runanga

O Te Rarawa Executive Officer Kevin Robinson.

After the blessing of the units the guests and staff adjourned the Kaitaia Community Centre speeches and for lunch. The speakers were Malcolm Peri (Acting Chairperson), Robinson Kevin officer), (Executive Harawira Hone (MP), Paula Snowden (HNZC General Manager Housing Innovations), Daryn Bean (Te Puni Kokiri Regional Manager)

We would like to thank the following

people and organisations who were involved in the project. They were: John Kaimarama, Rick Borasten, Darren Collins, John Cooper, Mike Adamson, Rod Topp, Tony Wiki, Julian Knight and Lois Buchanan from HNZC, Pauline Tangohau (Te Puni Kokiri), Brian Donnelly (NZ Housing Foundation), Wayne Cribb (Manning Hounsell & Associates, our solicitor), Margaret Wright (MSD), Kevin Robinson and his staff from Te Runanga O Te Rarawa, Gloria Herbert (Chairperson), Malcolm Peri (Vice Chairperson), the Runanga Executive, John Campbell (Trustee), Paul White (Trustee) and Wiremu McMath (Trustee)

This is a special mention to Lance and Neil Panther and their staff and team of subcontractors for the quality homes they have built for our Te Rarawa whanau. A special mention also goes to Te Rarawa Horticulture Students who supplied plants and labour for the project.

There were other people who were there at the concept, preliminary stage and were instrumental in the project and we want to thank these people also, Vance Winiata, Raewyn Tipene, Terry Smith and John O'Malley.

The 7 two-bedroom units have been completed with newly paved and sealed areas, decks, internal garages, disabled access bathrooms with an open plan living arrangement. All the units are completely carpeted and vinyled with drapes and netting to provide privacy to each unit.

Although Kaitaia is not new to this type of development there are questions about when the next one will start. The housing team will concentrate on developing its community housing within communities such as Pawarenga, Motukaraka and Motuti. This development has provided credibility with our stakeholders that will give us an opportunity to deliver similar models directly to our Te Rarawa communities. There are other projects in the wings and we will report on these later in the

year as they develop into real projects.

All in all, one would say that this will be the Te Runanga O Te Rarawa flagship, but we see it a little differently as this is only the bricks and mortar.

He Tangata, He Tangata

It is still our people, our people who we are here to help and support and if this brings them some ray of hope then and only then is there a little satisfaction. *Turi Te Hira* 



Rick Borasten (HNZC Regional Manager) with HNZC staff and behind them is Paula Snowden (HNZC General Manager of Housing Innovations) with the white scarf, and in the foreground staff from Te Oranga and Te Runanga O Te Rarawa.

#### Retrofit - Insulation Programme

If you are a home owner, you hold a community services card and your home was built prior to 1977, you may be able to have your home insulated at no cost.

Please contact Noeline Tua on (09) 408 1971 for more information; email noeline@terarawa.co.nz

Interim Chairperson Malcolm Peri with Hone Harawira, Bevan Foy (TROTR Project Manager) and Lance Panther (Main Contractor) at the opening of the Pukepoto Kaumatua and Kuia Development



(Health

Sport

Kapa

was

the

Whare

Rapata

the

of

Expo's,

comps,

Haka...)

experiencing

Kingitanga

which

Muslim

Mahuta

One in particular

trail. This involved visiting the first

Turangawaewae

opened in 1899,

urupa, and the Ta

endowment

buildings.

Overall it was great

to be a part of this year's celebrations,

particularly

being the 40th

Anniversary

the Queen.

#### Koroneihana – Maori Queen's 40th Anniversary Ngaruawahia 2006

Te Kura Taumata O Panguru Kapa Haka group travelled to Ngaruawahia to perform at this year's Coronation celebrations.

The group had prepared themselves well with many practices and live-ins prior, which resulted awesome in an performance.

Male and Female leaders of the group (Patti Atama-Tamati, Latoya Leef,& Werehiko Hauiti) were too much and with their

combined leadership controlled the group well while on stage.

Te Atairangikahu. Heoi ano Their were various events happening through out the duration Brendon Martin

#### **Conservation & Community Development Training Report**

#### **Horticulture**

I am happy to report that Kaitaia and Mangamuka now have their Level 4 Course in Horticulture up and running. The Kaitaia Course is up to the maximum limit of students which is great, Mangamuka managed to get enough to go ahead with a few spare places for any suitable person interested in coming on within the next month.

The students can be commended for having taking the step of taking out a Student Loan and showing a commitment to the learning of horticulture and developing the community project. Mangamuka in particular is expected to make great progress in the next 11 month to develop their community project into a commercial enterprise.

Kaitaia with its Tuia Nursery is a bit different and more emphasis is being put on students developing their own initiatives from Northland Polytech. The difference with the Kaitaia course is that when the course is finished the students leave, hopefully to either get a job in the Horticulture industry or to continue with their own business. In the communities it is different in that most of the students will when the course is finished carry on working together collectively with the community project although there could be exceptions and we will always support individual projects that have some merits.

Most people will agree that for our communities the collective approach, to work together to develop a community project into a commercial enterprise is more suitable to the students and have more chance of succeeding. The individual approach is something that we have seen "mainstream" society pushing for a long time hence we today have major problems with land tied up in titles of shareholders that were once Hapu owned.

The success of individual farming has not proved to be a great success for most Maori either if we consider that there was a time when the majority of Maori were in fact making a living of the whenua. Since the land was carved up to smaller blocks and farmed by individuals we have seen many small farmers being unable to make their farms economic enough to be able to keep up with the rising costs of changes and regulations, a growing demand on fertilisers, machinery and labour costs.

Today there is in fact a great opportunity to try a different approach through working together collectively to develop the whenua; using more organic / natural methods that are usually more labour intensive but more self-sustaining and less dependant on expensive fertilisers and of course less machinery are required.

Peria Horticulture Course Level 4 is now finished so in the next Te Kukupa there should be an update on the developments in Peria. Pawarenga will be having another Level 2 that should be ready to start within the next couple of weeks. I am also very happy to report that a Horticulture Level 2 Course will also be starting up in Ahipara very soon and that is very exciting, I'm sure that it will be the beginning of some great things to come.

#### **Motuti Tourism Course**

The starting date for the Tourism Course that will be based at Motuti Marae has been put back to the 10th of July in order to get everything organised properly. Northland Polytechnic Programme Manager in Business and Tourism, Nicky van der Bergh is currently working on a Fee Free Course in Cultural Tourism and Hospitality that will be suitable to the needs and aspirations of Motuti and North Hokianga.

A meeting will be held soon at Motuti to inform the community more about the Course and Nicky van der Bergh together with someone from Motuti will be on Te Korero A Te Rarawa Radio Show on Tuesday the 27th of June so listen informore information.

For more information or to register for any of the Training Courses contact Rongo Bentson at Te Oranga; 408 0141 ext 745 or 027 4483 261.

Email: rongo@terarawa.co.nz



#### **Voluntary Clean Ups**

If any community group or groups of people would like to do a voluntary clean up of a beach, roadside, river or lakeside area please get in contact with Slash Trash at CBEC on 4081 092. Slash Trash is able to assist with these clean ups.

Supported under **FNDC** Waste provisions Campaign there are and resources help initiative. with this waste minimisation

### "PR.I.D.E" PRODUCTIONS PRESENTS

# ULTIMATE RAGE 06

Theme:Stars of Matariki (Movie Stars, Rock Stars, Pop Stars, Mon-Stars)
Your Ultimate 1 Stop - Dance Party - Entertainment Hot Spot
Saturday 1st July - 6pm to 10pm - Community Center
Tickets \$7.50 - Total Lockdown - No Exit Till 10pm
400 tickets MAX - For Years 6, 7 & 8 Students ONLY!
Tuck Shop Operating - On Site Supervisors & Mentors
A Smoke, Drug, Alcohol, Bully & Vandal Free Event
The Ultimate Rage, We Bringin Da Heat - You Just Turn Up & Simmer



Tickets on sale from Monday 12th June Proudly supported by Te Oranga & Te Runanga O Te Rarawa

### New Pouwhenua on the Hokianga Harbour

Three more Pouwhenua to mark the mana whenua of Te Rarawa Iwi has been erected by Hapu on the banks of the Hokianga Harbour in Kohukohu. The unveiling and blessing took place in the early hours of Saturday the 29th of April and was well attended by 150 people from the Kohukohu community and surrounding district. The 3 Pouwhenua were named Te Pono, Te Tika and Te Aroha.

A plaque at the foot of Pouwhenua reads: "Ko enei Poupou he taurahere mo nga taonga o Tangaroa. These Poutiaki express the commitment of our community and hapu to the preservation of the cultural, political, historical, biological and spiritual values of our foreshore and waterways."

The carving of the Pouwhenua was done by tamariki Kohukohu School under the guidance known Carver and Musician Nopera Pikari. Hapu representative and organiser, Pateriki Briggs would like to thank the Kohukohu Community and School for supporting the kaupapa and also the children who helped to carve. Tamariki Carvers were: Pauqin Joyce, Nui Harris, Cobey Clarkson, Raven Davis, Zontelle Rudolph, Anana Toki, Anchos Franor, Darwin Joyce, Matiu Stones, Daniel Stones, Bronson Howell, Sonny Waipouri, Hone Hawira and Kruze Fisher.

### Te Oranga supporting Kaitaia College pupils

Two Kaitaia College Year 9 classes are currently involved in a programme called "Circle of Courage" as part of their Social Studies programme. The "Circle of Courage" has four areas of focus - belonging, mastery, independence and generosity.

By providing opportunities to develop skills in these areas helps youth develop resiliency in life and contribute to the world.

Over a period of 6 weeks, different facilitators design activities to help them better understand the world that they are growing into, and how they are an important part of their own, their whanau and their communities future.

The programme is a joint venture between Kaitaia College and Te Oranga, and is was initiated by our two Tu Maia kaimahi working in the classrooms helping our tamariki reach their full potential.

The programme has male presenters for the boys and female for the girls. For more information contact Shirley on 09 408 0141.



Carver Nopera Pateriki and Hapu Organiser Pateriki Briggs with some of the tamariki that carved the Pouwhenua

#### Kia Ora Te Rarawa.....

### It is official; the Te Oranga My Life 4 Lyfe Health Programme has begun!

Take 20 tamariki who are 'nutritionally' and 'physically' challenged.

AND their whanau

Invite tamariki and whanau to participate in a 30 week, LIFE CHANGING healthy kai and physical activity health programme. The end result? TIHEI MAURI ORA!

We would like to share the first seven steps we have completed, as part of the '4 Lyfe' health journey.

**Step One:** Whanau are contacted through Te Oranga Health

Co-ordinators, invited to be part of the programme.

**Step Two:** Attend a 'whakawhanaungatanga' evening. **Step Three:** Present tamaiti and whanau with a health 'na

**Step Three:** Present tamaiti and whanau with a health 'pack' as a guide along their journey.

**Step Four:** Send tamaiti to visit the doctor.

**Step Five:** Send tamaiti to visit the gyms – receive a 'fitness' programme from gym instructor.

**Step Six:** Send 'whanau' to meet with Dietician to set up 'nutritional' programme.

To follow this there are holiday camps and week-end stayovers, the first one due to take place 9th June 2006. Tamariki will be organised into teams to compete throughout the 30 weeks.

There are 'inter-whanau' competitions as incentives to help whanau make a slow change for a healthier lifestyle. There are also random fridge and cupboard checks. Each month, there are 'team' prizes for the tamariki to compete for and also 'whanau' prizes for individual 'whanau' to compete. All in the name of helping and encouraging one another to 'choose' healthier kai options and 30 minutes a day Push Play.

On behalf of the health programme team we would like to 'mihi' to those whanau who have put their names forward to be part of this amazing journey. And we 'karanga' to our Te Rarawa 'whanau' who may know the tamariki on the programme to please 'awhi' this choice they have made.

Watch this space for up to date results throughout the year. For more information please contact Peti Murray or Paulette Lewis at Te Oranga 408-0141.



Above: Peter and Ellen Subritzky, owners of BetaBody Health & Fitness. Below: Beulah and Reuben Mare, owners of Ruebenz Gym.

Both gyms are right behind the programme and are committed to making a difference with whanau and tamariki.



Check out the new 'International Policies and Developments' page on the Te Rarawa website, including information on the United Nations Indigenous Human Rights Fellowship Programme and our whanaunga Catherine Davis' participation in the Fellowship in 2005.

Right: 2005 UN Indigenous Human Rights Fellows Tommy April Busakwe (South Africa), Anabella Carlon (Mexico), Morse Flores (Philipines), Catherine Davis (Aotearoa/New Zealand), Maliina Abelsen (UN Fellowship Coordinator, Greenland), and Trina Landlord (Alaska).



#### Free Intro Pack for Tamariki

Te Oranga has a number of 'under 5' programmes If you would like to talk about some of the options in your area, the Far North whanau in area. One of these programmes - Promoting Participation in ECE, focuses on encouraging whanau to enrol their early education programme preschoolers into an before they school or kura kaupapa Maori.

What Year One teachers have to say...

From discussions with Year One school teachers, they notice that tamariki who do not have 'the basics' i.e. can hold a pen, know the alphabet, spell own name, has had books read to them/can read, and been in an environment that offers social/mixing opportunities before they start school or kura, can be disadvantaged by up to 6 months, as compared to their counterparts who have either been to a childcare, kohanga reo or other type of under 5 early education service beofre starting school/kura.

#### Did you know???

There are 47 different ECE/Kohanga Reo places to choose from the the Far North area, whilst most have different kaupapa, days open and fees etc. All have one thing in common, and that is to prepare tamariki for school/kura.

please call Jaqi Brown on 4080141 or call into Te Oranga, 16 Matthews Ave Kaitaia. Every child who enrols using this service will receive an intro pack which incudes a backpack, drink bottle, lunch box, book and other freebies and information.

#### What's new in ECE

- \* If you have left school recently to have a child, and would like to return to school to complete your studies, then a fully paid childcare subsidy is available to you.
- In 2007, 20 hours a week of free early childhood education for all 3 & 4 year olds is coming, so that whanau can begin to introduce their tamariki to the routine of preschool life before they get to the 'real thing'.
- The opportunities to learn a new career while you watch your children grow is a good option for home based parents to consider. A Diploma in ECE is a 3 year programme that can be done just about anywhere in NZ.

It could also lead to getting a well paid job in ECE - did you know that 50% of all staff working in a Centre will need to have their Diploma by 2007? Scholarships are available too. Phone 0800TeachNZ for more information.

#### PAFT - Parents as First Teachers

On the 2nd Thursday of every month there is a coffee/craft morning from 9.30 am to 11.30 am at the Kaitaia Playcentre. Mums (and Dads) are very welcome to attend while Sheryl and Lindsey help with minding the children.

Some of the things we have done this year include, creating Hypa Toofa pots (as seen in the photo), embossed cards and Harakeke (flax) weaving; we are planning to make rain sticks, Christmas decorations mosaics, and lots of other neat things.

We provide morning tea and there is no charge. It is a great way to get to know other parents who have children around the same age.

If you want to know more about the Parents as First Teachers Programme, we are very happy to talk to with you. Enrolment is for Parents of babies up to 4 Months and continues until they are three years old.

This programme is free and there are a few vacancies coming up.

For more information, contact Sheryl or Lindsey at Te Oranga, on (09) 408 0141, or email paft@terarawa.co.nz



(The Photo: Georgina Covich is demonstrating how to create a Hypa Toofa garden pot - others soon created their own, even some of the children tried to join in!)

# ti-Cultura Festiva Nau mai Haere mai

Far North Community Centre

une 14, 2006 9:30am-2:00p

Spot prizes

- Hip-hop Showcase
  - Entertainment
  - Rap Gig / Duet
- Cultural performances

Schools Supporting -"Kerb Da Swear Word" & "Bully Free For Me"

# Come and watch Multi culture at its REST

Presented & Sponsored by

Queries?

Please contact Brendon Martin @ (09) 4080 141 xtn 721 or brendon@terarawa.co.nz Te Kukupa is published in 5 issues each year: January-March, April/May, June/July, August/September, October-December

# 20th Year Anniversary Celebration

Te Runanga O Te Rarawa will celebrate its 20th Year Anniversary in October 2006. Our aim is to involve all whanau through their association to nga marae o Te Rarawa.

Events that are planned for the celebrations are:

Weaving and carving expo
Rohe O Te Rarawa tours

Workshops with an emphasis on nutritional food and healthy lifestyles through tikanga maori protocols
Kapa Haka festival
Nga waiata o Te Rarawa
Sports Competition

The celebrations will be held over a 6 day period with a formal dinner & awards ceremony to conclude the week's events on the final night.

Planning for this event is still at the early stage but stay tuned – we will keep you informed.



#### Te Hiku O Te Ika Festival

This festival will be taking place over Auckland and Northland Anniversary 2007 and will run biannually thereafter. Key points:

- It will be alcohol, smoke and drug free
- It will be kai tika. All food stall holders will have to adhere to a food criteria
- Emphasis will be on culture (ours) health & sport
- Activities are to be inclusive of all ages
- Inclusive of all the 6 iwi in Te Hiku o Te Ika
- It will promote education and careers
- Venue we hope will be the Kaitaia College grounds. The A&P showgrounds have too many power flunctuations.
- Invitation will go to all iwi and our whanaunga nga tarara to hold wananga
- All types of entertainment will be provided
- The festival is being organised by jointly by Te Hauora o Te Hiku o Te Ika and Te Hiku Media
- The Project Manager is Whenua Harawira

More details will be published in Te Kukupa at a later date.

#### Te Rarawa Registration Freephone

Anyone not currently registered with Te Rarawa will be pleased to know we now have a freephone number available to make it even easier for you to get registered.

You can call the freephone number to enquire about registering or to ask for a registration form to be sent to you. This year it is more important than ever to get as many Te Rarawa whanau registered as we can. As we move into the final phases of our Treaty Claims negotiations, our total number of registered whanau will play a vital part in the settlement process.

The number is 0508 4TERARAWA (0508 4837272) and please note this number is only to be used for registration enquires, not general business. You cannot call the freephone number from a mobile telephone, but it can be used from anywhere in New Zealand.

# 0508 4TERARAWA REGISTER NOW!

# M G A U T O S L T D "Home of the Mighty Good Guys"

Direct importers of quality Japanese cars, coaches, 4WDs - guaranteed mileage and great after sales service.

#### **FINANCE**

Easy to get
Fast Approval
Learners License OK

189 Commerce Street, Kaitaia (next to Kauri Arms) 09 408 4141

25 Riahara Street, Kaikohe (next to movie theatre)
09 405 3430

Proud sponsors of the 2006 Pawarenga Sports Day, & the 2006 Pawarenga Golf Tournament